

NORTH WILLOW GROVE PEDIATRICS, P.C.

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THINGS TO DO FOR SAFETY

1. Lock up Poisons -
 - Cleaning solutions such as dishwashing detergents, furniture polish, etc.
 - Petroleum distillates such as paint remover, kerosene, etc.
 - All medicines
 - Bug Sprays
 - Deodorizers
 - Plastic Bags
2. Make sure you have Poison Control number easily available.
3. Put up gates on all stairways and close in sides of stairways.
4. Lower hot water to 120°.
5. Never drive with the baby in your lap - **Use A Good Car Seat**
6. Cover electric outlets. Keep cords out of reach. Remove heavy lamps, TV's, etc
7. Remove all knobs from stoves and ovens that child can reach. Place pot handles towards the back of stoves.
8. Playground equipment should be properly anchored.
9. Never leave a child alone near water - especially bathtubs, pools, buckets or toilets.
10. Keep knives and sharp objects out of reach.
11. Never leave the child alone with pets or siblings.
12. Don't hold child when drinking hot liquids.
13. Never mow lawn with rotary mower with the children near.
14. Avoid contact with strange dogs or other animals.
15. Wear helmets when riding bicycle, rollerblading, skateboarding, etc.
16. Never leave alone with exercise equipment.
 - a.) Stationary bikes lead to finger injuries in chain and sprocket
 - b.) Children could strangle themselves with jump ropes
 - c.) Weights lead to various injuries
17. Foods such as hot dogs, grapes, etc. should be cut into small pieces and skin removed until 2-3 years of age.
18. **Never** allow anyone to smoke in the **house** or **car** or any closed space with the children present. Even residual smoke is damaging to the child's respiratory system.
Exposure to smoke, makes your child a smoker.
19. Guns in the house are a danger to the child and others.
20. Children can strangle on blind cords. Keep out of reach.